

Immediate Denture Patient Information:

Try to keep the dentures in your mouth for the first 36 hours after extractions, the gum and mouth will swell. If the dentures are taken out of the mouth for too long, difficulty may be experienced in fitting the dentures due to swelling. Dentures may be rinsed quickly and replaced immediately. Do not rinse the clotted blood from the tooth sockets as this transforms into bone. Rinsing the blood from the sockets will cause a dry-socket and will become tremendously painful.

Dentures can become loose within a week of the extractions, this is due to the fact that the bone and gum will resorb naturally. Corega could be of assistance (use as prescribed). The dentures will become more loose over a period of time and will have to be relined.

If the dentures become too uncomfortable to wear, your dentist can place a soft tissue conditioner lining to assist you.

If your dentures are hurting please see your dentist as soon as possible for attention/relief.

However an immediate denture could be relined at any time after the gums have healed, in most cases a reline is done after 3 months and 6 months, then if necessary a new denture can be made after a period of one year.

If the dentures become loose, it is the normal process of bone desorption and healing, and is of no fault of your doctor or the technician. Keep the denture clean by brushing them, your mouth and tongue at least twice a day.

Immediate Post-op Instructions:

- Keep the cotton wool/gauze in for 30 minutes
- Do not drink beverages too hot for the first day.
- Do not rinse with water until the next morning, do not directly rinse the tooth socket.
- Rinse your mouth with salt water from the next day, not the tooth socket.
- Chew food on the *other* side of the mouth.
- Please use Panado for the first day after treatment, then use Myprodol or Mypaid, do not use Disprin or Grandpa for pain.
- When a blood thinning medication is used please restart the medication as prescribed by the doctor or specialist that gave the instruction.
- Please do not put your tongue, any object or a finger in the tooth socket.
- If bleeding occurs use a normal English tea bag (slightly wet), not Rooibos tea, to bite on over the socket for 20 min to stop the bleeding.
- If stitches have been placed, do not pick, fiddle or pull them out.
- When multiple teeth have been removed sleep with the head and shoulders slightly raised (two or three pillows).
- No smoking or alcohol use for 3 days after procedure.
- If severe pain is experienced please contact your dentist A.S.A.P.

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